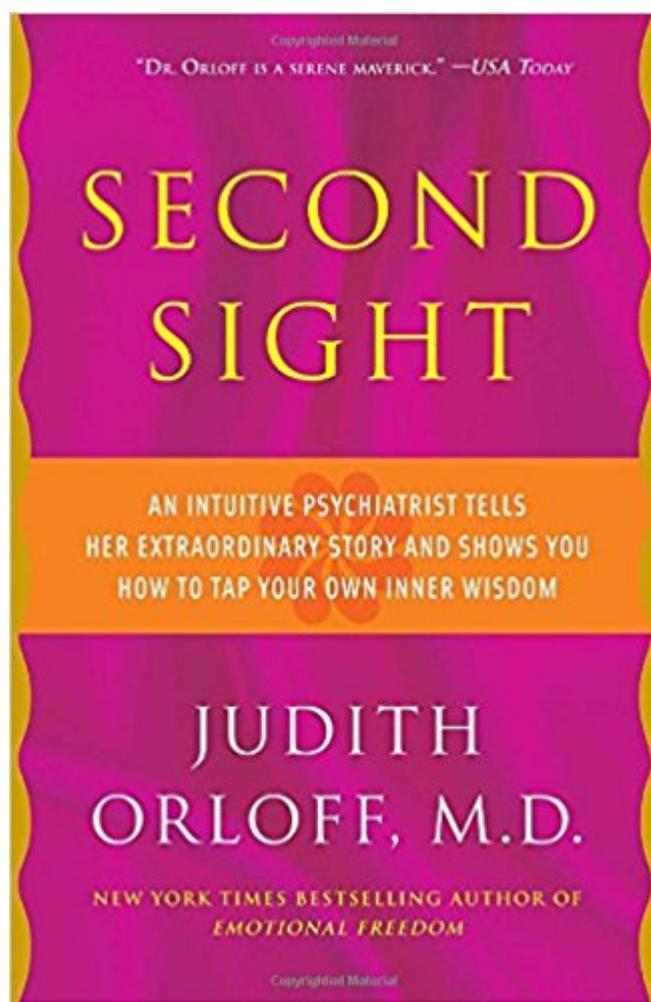


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Second Sight: An Intuitive Psychiatrist Tells Her Extraordinary Story And Shows You How To Tap Your Own Inner Wisdom



Synopsis

"An exemplary and eloquently written story that makes it easy for nonbelievers in intuition to believe. You must read this book." *Psychology Today* Now with a new foreword from the author, *A New York Times* best-selling author Dr. Judith Orloff tells her remarkable life story and teaches you how to recognize and trust your own intuitive gifts to improve your life and the lives of those around you. In this updated edition, Dr. Orloff reflects on her career and the sea change that modern medicine and psychiatry have experienced since *Second Sight* was first published. She expands her earlier ideas and further explores intuition's role in maintaining physical health and emotional well-being, using examples from her own and her patients' lives. This is both a remarkable self-portrait of one woman's journey toward the acceptance of intuition as a therapeutic tool, and a comprehensive look at how you, too, can develop your intuition, transform your health, and revolutionize your everyday life. *Orloff is a true visionary. She is the kind of physician we wish we all had.*" *Caroline Myss, Ph.D., author of *Sacred Contracts** *"Second Sight* is a page turner...controversial. It shares the struggles and successes of a courageous physician who fights against a skeptical medical system to validate the power of intuition. You will find a new friend in Judith as her writing is as intimate as if she was talking to you in her living room." *Joan Borysenko, Ph.D., author of *Mending the Mind, Minding the Spirit** *"Judith Orloff is a seriously talented storyteller, and her book moves like a thriller...Forgive me this moment of intuition, but this book feels right."* *Jesse Kornbluth, *Huffington Post**

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Customer Reviews

"Orloff tried to stave her intuitions off during medical school until she found herself 'trapped' in a profession that was itself dependent on dispensing drugs to silence the spirit...To listen only to the mind and not the soul is, Orloff believes, a form of insanity""San Francisco Chronicle "An exemplary and eloquently written story that makes it easy for nonbelievers in intuition to believe. You must read this book.""Psychology Today"Judith Orloff is a talented writer, and her book moves like a thriller| Orloff's real goal is to awaken your sense that you too are an intuitive --- indeed, that we all are --- and that you can sharpen your gifts. If you've ever had an experience that gives you chills to remember, if you ever find that you 'know' facts about people they would never have told you, this book will be a great relief and a door to more| Forgive me my moment of intuition, but this book feels right.""Jesse Kornbluth, Huffington Post"An intensely personal spiritual odyssey. Dr. Orloff's self-portrait as an intuitive psychiatrist is filled with love and a truth born of an extraordinary gift.""Norman Lear, Writer, producer" Fascinating...Dr. Orloff writes with wisdom and humility about her emergence as a physician with extraordinary abilities. Highly recommended.""Dean Ornish, M.D., Author, Dr. Dean Ornish's Program for Reversing Heart Disease" Poignant|courageous and refreshing. Must reading for all.""Edgar Mitchell, Apollo 14 Astronaut, Author, Way of the Explorer" One of those rare books that has the potential to create shock waves and revolutions within a profession. An inspiring, lofty statement from a very courageous physician.""Larry Dossey, MD, Author, Healing Words" We are far more than we have allowed ourselves to be. Judith Orloff is to be commended for helping us understand that simple truth.""Louise Hay, Author of You Can Heal Your Life" A book to re-read...a story that gives one pause...Orloff tells her story with conviction and a gentle, literate style that wins the reader to her narrative.""Napra Review" Second Sight reads like a thriller. It is a page turner ...inspiring...controversial. This pioneering book shares the struggles and well-won successes of a courageous physician who fights against a skeptical medical system to validate the power of intuition. You will find a new friend in Judith as her writing style is as intimate as if she was talking to you in her living room.""Joan Borysenko Phd Author, Mending the Mind, Minding the Spirit

JUDITH ORLOFF, M.D., assistant clinical professor of psychiatry at UCLA, has helped patients practice the art of surrender to achieve emotional freedom for more than two decades. She is the author of the New York Times bestseller Emotional Freedom and the bestsellers Positive Energy, Judith Orloff's Guide to Intuitive Healing, and Second Sight. She has appeared on The Dr. Oz Show, the Today show, PBS, CNN, and NPR. Her most recent book is The Ecstasy of Surrender

and her TED talk debut of that book has over a half million views on YouTube. Find more information and inspiration at www.drjudithorloff.com.

In her book, *Second Sight*, Dr. Judith Orloff says, "At the core of my being, I am most of all a dreamer." She is also a teacher, a rule-breaker, a healer, memoirist, and poet closely observing the world around and within her. A moving story, beautifully told, courageous. Bold. It is filled with wisdom and grace. Her words are powerful because she allows her vulnerability to appear on the page as she shares her struggle to accept, understand, and embrace her intuitive gifts. On a personal note, I resonated with Dr. Judith Orloff's story, because women in my family are intuitive, and also because I recognize the poet in her. I was moved by her story about her mother publishing her poems when she was 14--and can imagine how painful that was--and how much courage it took later for her to find her voice and tell her tale. As a Juilliard alumna, I also appreciate what an honor it was to have had a Juilliard instructor put her lyrics to music, but I understand how her 14-year-old suffered. This is a raw, honest, heartfelt book. But Dr. Judith Orloff offers more than a wonderfully told personal story. She also offers readers suggestions for cultivating their own intuition, and talks about the power of nature, meditation, altars, ritual, and dreams, as fountains of restoration and tools for deepening self-knowledge, expression, and celebration. I share and am grateful for Dr. Judith Orloff's vision that we are vaster and much more capable than we think!--Bella Mahaya
Carter
Secrets of My Sex

Had purchased her newest book and knew nothing about her work. Actually read this first and have not read the newest book as I found this to be more to my taste and needs. Her insights into empaths was highly useful to me.

Love Judith Orloff..she makes sense and writes exceptionally well.

Many moons ago, I read "Second Sight" and felt warmth, depth and honesty radiate from its pages - as well as Dr Orloff's humanness and authenticity. I recommend this book to fellow empaths, journalists, psychiatrists and to anyone who is interested in cultivating greater emotional intelligence.

Judith provided me with a deeper understanding of my intuitive abilities. Her wisdom on dreams was particularly useful to me. Her guidance has made it much easier for me to trust my intuition and

make sense of what my subconscious knows.

"Second Sight" by Judith Orloff is a very good book that is a combination of an autobiography and a guide on increasing your intuition. Judith's writing in this guide is very helpful and touching. The following pages list some of the great information on why I felt this way, and why I recommend "Second Sight": Chapter 5 on Mixing Medicine (starts on page 102)- Judith lists some rewarding experiences that transpired when she met a parapsychologist by the name of Stephan (founder and director of the Mobius group). Chapter 7 on Preparing to See (page 176): She shares how meditation has become one of the most powerful tools to help her become more intuitively connected (and how it can benefit many others as well). Chapter 8 on the Alchemy of Dreams (page 232): The helpful point that dreams can help symbolize the clues to one's future. I also appreciate how she mentioned that even the most challenging dreams are meant to serve as signposts towards whatever may need more improvement and recover vital wisdom. There is good information given on why dream journals are very important in utilizing intuition to understand one's dream visions with more clarity and memory. Chapter 9 on Intuitive Experiences in Everyday Life (page 262): The meaning and insight in what déjà vu experiences symbolized are discussed. Chapter 10 on the Well-Balanced Intuitive (starts on page 285): Judith compassionately gives information and examples as to why it is essential to aim for maintaining a healthy balance between connecting to your own intuition and creating the best effort in taking a grounded approach for meeting the requirements of daily life. "Second Sight" by Judith Orloff is a great guide to obtain and read for anyone who enjoys, and is open to reading a medical professional's courageous journey in discovering their intuition (as well as sharing tips on strengthening intuition).

Dr. Orloff becomes vulnerable as she lays her life out in front of you. Refreshing to see, as most people who work with energy let alone a physician, tend to keep this to themselves. We have such a stigma in our society about what the East has known for thousands of years. Dr. Orloff is a pioneer breaking down these barriers that we have put up. She is a true medical pioneer and I respect her for this greatly!

Full of great info for any sensitive empath..Love it

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